



# LUNCH MENU

Phone (316) 262-5275 Fax (316) 262-1292  
Hours Mon-Thurs 11am - 10pm Fri-Sat 11am - 11pm • Sun 4pm - 9pm  
All Major Credit Cards Accepted

SALADS & SOUP

**Metro Salad** Fresh seasonal mixed greens with balsamic vinaigrette dressing, topped with roasted almonds and bleu cheese crumble \$7.50

**Chicken Salad** Chicken mixed with celery, green onions and lite basil-mayonnaise mix served over a bed of greens with seasonal fruit and raspberry vinaigrette dressing \$8.50

**Greek Salad** Mixed greens blended with red onions, cucumber, Greek olives and feta cheese in a herb vinaigrette dressing \$8.50

**Spinach Salad** Baby spinach tossed with fresh mushrooms, red onions, bacon, poppy seed dressing \$8.50

**Caesar Salad** Crisp romaine lettuce topped with creamy Caesar dressing, Parmesan and roasted croutons \$7.50

Add to any of the above salads:  
Chicken \$3.00 Beef \$4.50 Salmon \$5.00

**Old Town Chef Salad** Blend of mixed greens topped with turkey, ham, Monterey Jack and Cheddar cheese, cucumbers, eggs, tomatoes, onions, peppers. Served with a side of creamy herbed house dressing. \$10.95

**Grilled Salmon Nicoise** A bed of mixed greens, artichoke hearts, asparagus and new potatoes finished with herb vinaigrette dressing \$13.00

**Cobb Salad** Fresh greens mixed with crispy bacon, tomato, bleu cheese, hard-boiled egg, chicken, black olives and red onion and topped with our creamy herbed house dressing \$11.00

**Soup** Fresh soup prepared daily Cup \$3.50 Bowl \$5.50

SANDWICHES

**Grilled Smoked Turkey** Smoked turkey, Monterey Jack and basil pesto, served on focaccia bread \$7.50

**Turkey Reuben** Slices of mesquite turkey, sauerkraut and melted Monterey Jack on toasted marble bread with remoulade sauce \$8.50

**Grilled Mediterranean Chicken** Grilled chicken topped with chipolata mayonnaise, onion, peppers, mushrooms and roasted garlic, served on French bread \$8.50

**Chicken Croissant Sandwich** Grilled chicken mixed with celery, green onion and lite fresh basil-mayo dressing, served on a croissant \$7.00

**Portabella Mushroom Sandwich** Marinated grilled mushrooms topped with Monterey Jack, roasted red peppers, onions and chipolata ranch dressing \$7.50

**Beef Kabob** Marinated, tender, grilled skewer of beef and vegetables served on sourdough bread \$11.00

**The Real Reuben** Slices of corned beef, sauerkraut and melted Monterey Jack on toasted marble bread with remoulade sauce \$8.75

**Catfish Sandwich** Blackened catfish on grilled sourdough bread with tartar sauce \$10.00

**Vegetable Wrap** Assortment of fresh grilled vegetables and garbanzo beans with chipolata mayo, rolled in a sun-dried tomato tortilla \$7.50 Add chicken \$3.00

**Old Town Burger** Half-pound burger topped with crisp fried onions \$7.50 Add Cheddar or Monterey Jack \$.50

**Strip Sirloin Sandwich** Grilled New York strip topped with butter-garlic mushrooms on French bread \$11.00

All sandwiches are served with a side of greens and mashed red skinned potatoes or French fries. Add a cup of soup or fruit \$2.00

APPETIZERS

**Signature Appetizer** Crab cakes, calamari and shrimp cocktail \$8.50 per person, 4-person minimum

**Calamari Fritt** Lightly breaded squid, fried and served with chipolata lemon cream sauce \$11.00

**Spinach Artichoke Dip** Topped with Parmesan and served with red & blue corn chips \$7.50

**Fresh Crab Cakes** Homemade crab cakes served with rosemary sauce \$10.00

**Shrimp Cocktail** Jumbo shrimp, chilled and served with cocktail sauce \$9.00

**Hummus** Garbanzo beans blended with sesame oil, garlic and lemon, and served with pita bread \$7.50

**Quesadilla** Blend of cheeses and vegetables on a tomato-basil tortilla served with sour cream and salsa \$7.00  
Add chicken \$1.50 Add beef \$2.00

**Pâte, Cheese & Fruit** A plate of in-season fruit, a medley of cheeses and soft pâte served with a variety of crackers \$12.00

**Steamed Mussels** Garnished with olive oil, fresh basil and a Chardonnay wine sauce \$11.00

PASTA

**Penne Pasta** Toasted with fresh basil, tomato, red onion and mushrooms and Chardonnay butter-garlic sauce and sprinkled with Feta cheese \$10.00

**Linguini Primavera** Vegetables sautéed with olive oil, garlic and wine cream sauce and tossed with linguini \$10.50

All pastas are served with a choice of Metro Salad or soup.  
Add to any of the above pastas: Chicken \$3.00 Shrimp \$4.50 Salmon \$5.00

ENTREES

**Chicken Artichoke** Sautéed chicken, artichokes and mushrooms finished with a Chardonnay light cream sauce \$12.00

**Chicken Pistachio** Topped with cream-cheese pesto sauce and pistachios \$12.00

**Tilapia** Pan seared and finished with fresh tarragon, capers, and mustard in a sauvignon blanc cream sauce \$13.00

**Salmon** Grilled, finished with olive oil, fresh basil and wine sauce \$13.00

**Beef Medallion** Sautéed beef tenderloin with a mushroom cabernet wine sauce \$17.50

All entrees are served with a choice of Metro Salad or soup and mashed red skinned potatoes.

## NO. 1 House Specialty Desserts

Tiramisu \$7.50 Crème Brûlée \$7.50

BEVERAGES

**Lemonade or Limeade** Fresh squeezed \$3.00

**Classic Italian Sodas** Raspberry, Strawberry or Vanilla \$2.00

**Coffee or Tea** \$2.00

**Espresso** \$3.00

**Cappuccino** \$4.00 Add flavor \$1.00